



ABOUT BURDENS TO BLESSINGS

Based on her journals of personal healing, *Burdens to Blessings* by author Kim Crabill has become known globally for its biblically-based transformational journey of hope and healing.

With over 25 years in ministry, coupled with her background in Christian counseling, Kim creates a safe space for women to discover the power of their story.

Kim's refreshing vulnerability and biblically-based content help women identify and reject the lies that have been holding them back and replace them with biblical truth that can restore them to be everything God created them to be.

The powerful truth about *Burdens to Blessings* is that God does not negate what has happened in our lives. Instead, He transforms what was meant for evil and uses it for our good and His glory.

The extended principle of this study will remind you that healing is not the end of the journey but the beginning of a story filled with hope.

The *Burdens to Blessings* curriculum includes five components - the book, professionally filmed teaching videos, daily devotionals carefully crafted icebreakers, and guided conversation. The TV program, *Burdens to Blessings* with Kim Crabill, reaches over 150 nations, and airs on over 25 faith-based networks.

“In Kim’s own words, “It is my passion that every woman experiences the refreshing, renewing, and restorative work that only the Word of God and the presence of God can accomplish.”



Kim Crabill

ROSES AND RAINBOWS MINISTRY, INC.



JOIN THE JOURNEY

Take back the life you were born to live. For most of us, life hasn't been exactly as we expected. But here's the good news. **God says your life can be better than you ever imagined.** In fact, that's what God promises in **Ephesians 3:20**. *Burdens to Blessings* is the transformational journey from the shame and sadness of secret burdens to healing and hope. Along the journey, you'll discover what Kim describes as the "upside-down" truth: that the very things we regret most - the things we pray no one discovers about us - are the very same things God will use to enrich our lives and bring blessings not only to us but also to those around us.

BENEFITS

- ✓ Transform past hurts into blessings.
- ✓ Develop trustworthy relationships.
- ✓ Learn conflict resolution skills.
- ✓ Engage in unifying conversations.
- ✓ Build biblically-based leadership skills.
- ✓ Develop ways to extend hope to others.
- ✓ Create safe havens for women.
- ✓ Practice practical steps that transform the mind.
- ✓ Stretch to embrace God-given opportunities.
- ✓ Rid yourself of shame, guilt, and regret.



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